



# THE TRAILBLAZER



Volume 3, Issue 1

CLEARWATER FUNDAMENTAL MIDDLE SCHOOL

"Our Learning Lasts a Lifetime"

October 2011

## Dates to Remember

- Sept. 30<sup>th</sup>, Oct. 7<sup>th</sup>, 21<sup>st</sup> & 28<sup>th</sup> - **Girls Get It Club**, 7:30AM - 8:10AM, Room 414
- Sept. 28<sup>th</sup>, Oct. 5<sup>th</sup>, 12<sup>th</sup>, 19<sup>th</sup>, & 26<sup>th</sup> - **Chess Club**, 2:55 PM - 3:45 PM, Room #203
- Oct. 4<sup>th</sup> - **End Of Marking Period**
- Oct. 5<sup>th</sup> - **Science Career Day**
- Oct. 6<sup>th</sup> - **SAC**, 6PM, Gymnasium
- Oct. 11<sup>th</sup> - **Picture Retakes**
- Oct. 11<sup>th</sup> - **NJHS General Meeting**, 7:35AM - 8AM, GYM
- Oct. 12<sup>th</sup> - **1<sup>st</sup> Marking Period Grades Available Online**
- Oct. 13<sup>th</sup> - **PMAC Meeting**, 2:50PM - 3:40PM, Rm. #207
- Oct. 13<sup>th</sup> - **NJHS Meeting**, 7:35AM - 8:15AM, GYM
- Oct. 14<sup>th</sup> - **NO SCHOOL FOR STUDENTS**
- Oct. 18<sup>th</sup> - **PTA Meeting**, 7PM, Clearwater High School
- Oct. 20<sup>th</sup> - **STEP Club Meeting**, 7:45 - 8:15AM, Rm. #402
- Oct. 27<sup>th</sup> - **SPIRIT DAY**
- Oct. 27<sup>th</sup> - **Harvest Dance**, 3PM - 5PM, Gym

## A "few" words from Mr. "R",

As the first newsletter goes to print, it seems hard to believe that we are halfway through the first marking period. With a new school year, there are always a few hiccups and challenges. The greatest challenge of late was the loss of a teaching position. Since I explained the teacher changes in greater detail through an earlier school-wide email, I will not repeat them here. However, I must once again pass on my thanks to Ms. Postler for her willingness to change teaching assignments. Her doing so prevented the school from losing Mr. White, another valued member of our faculty. While we all like to see ourselves as "team players", actions speak very loudly.

The summer brought several additional changes to our campus. As the result of budget cuts, we lost the positions held by Mr. Scott Lee and Ms. Shelhamer. We continue to feel the loss of the synergistic lab and additional opportunities for students wishing to take Spanish. Despite those cuts, the guidance counselors worked very hard to accommodate the wishes for the entire student body. Speaking of guidance, over the summer, Ms. Stephanie Estes our 7<sup>th</sup> grade guidance counselor was offered an opportunity she would have been foolish to decline. In response to her leaving, we have hired one guidance paraprofessional for each of the two remaining counselors. It is our goal that by removing many of the clerical duties normally assigned to the counselors, they will have greater opportunities to work directly with your children.

To our families new to the middle school years and/or the fundamental program and philosophy, I hope that the adjustment has been smooth and that your child is settling in. I promise you that day to day concerns get easier once a routine is established. One practice that will help both you and your child to stay on top of the expectations is the daily review of the student planner/agenda. A space or square should never be left blank as no one knows what the empty space really means. Is the blank space in the planner an indication that no homework was assigned or that the student forgot to write something down? Class work, homework, upcoming quizzes and tests should fill every space. If there is no work assigned, I suggest that the student write in "no work due". Before signing a student's homework, please take a moment to review the quality of the work. Did your child understand the assignment? Your signature indicates that this is an example of your child's best effort. Reviewing the completed work will also forewarn you that your child may not understand the material or the teacher's expectations.

Please know it is the goal of every faculty and staff member for all of our students to experience success here. Recommending a student for dismissal should always remain as our last resort. However, the guidelines were written for the good of the program and student body as a whole, long term, rather than what is best for the individual student. It is recommended for all parents to read over the guidelines. All too often it seems as if families do not read the guidelines until after their child has been denied entrance into the National Junior Honor Society (NJHS), referred to appear before the Intervention and Appeals Committee (IAC) or recommended for dismissal. It is most important for every family to understand the standards and expectations to which our students, faculty and staff are held.

Families with questions and concerns are always encouraged to contact us. Thank you for reading my ... "Just a few words".

**Dave Rosenberger**

[rosenbergerd@pcsb.org](mailto:rosenbergerd@pcsb.org)

## ABSENT STUDENTS

If your child is absent, please contact the front office or email Claire Watson at [watsoncl@pcsb.org](mailto:watsoncl@pcsb.org) before 10 AM. When the student returns to school, have him/her turn in a note to the front office explaining the absence. If the absence was for more than 3 days, we will need a note from the doctor. Thank you for your cooperation!

## TARDIES

Students will be considered tardy if they are not physically in the classroom when the tardy bell sounds.

## EARLY DISMISAL

If you will be picking your child up early from school, please bring a photo ID. Also, remember that we will call the child to the office only once an adult is on campus, so if you have an appointment, please come a few minutes early.

## LOCKER USE

Students may use their lockers in between classes, before and after school, and before and after lunch. Students will be required to have a pass to use their locker during class time.

## GUM

Gum chewing is not permitted on campus at any time. This includes any evening or weekend activity.

## REPORT CARDS

Grades earned for the first marking period will become available on-line *Oct. 12<sup>th</sup>, 2011* through PORTAL. In an effort to reduce some of our printing costs, other than the final end of the year report card, school-wide reports cards will not be sent home. However, parents can request a traditional paper copy by contacting Mrs. Buirid in the front office.

## FAMILY AND COMMUNITY INVOLVEMENT NEWS



Due to a restructuring of our Family and Community Involvement Office, the position has been vacant since the beginning of the school year. However, we were recently given permission to submit our recommendation to have **Ms. Teresa Daiker**, a long time fundamental parent, fill the vacancy. We are certainly excited to bring on board someone with all of her experiences and one who supports the fundamental philosophy. Please be prepared to say yes when she contacts you for assistance.

The biggest event on our calendar to date is the **Great American Teach-In**. Please plan to make a classroom presentation on Thursday, November 17, 2011.

## SCHOOL RANKINGS

While success needs to be measured in many ways beyond the formal assessments given at the end of each year, FCAT rankings do provide us with one benchmark that can be used in general terms when comparing schools. While recognizing the many advantages that our school community has over some school settings, we should not be embarrassed or hide the fruit of our labors either. Using total points awarded to each Pinellas school based on last year's FCAT Assessment, in order, the top six schools for 2010-2011 in Pinellas were:

- #1 Clearwater Fundamental Middle(619 Total FCAT Points)
- #2 Madeira Beach Fundamental Middle (616)
- #3 Carwise Middle (600)
- #4 Palm Harbor Middle (568)
- #5 Tarpon Springs Middle(562)
- #6 Safety Harbor Middle (555)



# parent UPDATE

SEP/OCT 2011  
www.pcsb.org

Follow us: [www.twitter.com/pcschoools](http://www.twitter.com/pcschoools) | [www.facebook.com/pcschoools](http://www.facebook.com/pcschoools)



Thank you to our Centennial Sponsors:



St. Petersburg College



www.stpetespace.com

## September and October Centennial Events

### Saturday, Sept. 24 – Centennial Kickoff

Join us for a "Hands Across Pinellas" event along the Pinellas Trail from 10 a.m.-2 p.m. Free Ice Cream to the first 1,000 visitors at each of these locations (that's 10,000 cups of ice cream total):

1. Sweetbay Supermarket; 1171 S Pinellas Ave., Tarpon Springs
2. Wall Springs Park; 3725 De Soto Blvd., Palm Harbor
3. Ozona Elementary; 601 Tampa Rd., Palm Harbor
4. Mildred Helms Elementary; 561 Clearwater-Largo Rd., Largo
5. Taylor Park; 1100 8<sup>th</sup> Ave., Largo
6. Ridgecrest Elementary; 1901 119<sup>th</sup> St., Largo
7. Orange Grove Elementary; 10300 65<sup>th</sup> Ave., Seminole
8. Pasadena Fundamental Elementary; 95 72<sup>nd</sup> St., St. Petersburg
9. Fairmount Park Elementary; 575 41<sup>st</sup> St., St. Petersburg
10. Gibbs High School; 850 34<sup>th</sup> St., St. Petersburg

Enter to win one of ten free bicycles courtesy of Regions Bank. Cheer on 20 of our high school cross-country runners as they run the "flame of knowledge" down the Trail. Awards ceremony for the runners will take place at Taylor Park at noon.

### Sunday, Oct. 2 – Centennial Jazz Performance

Step back in time to the "Roaring 20's" as Sonny LaRosa and America's Youngest Jazz Band performs at the Largo Cultural Center at 2 p.m. Many members of the band are district students.

The Centennial T-shirt will be available for purchase at all Centennial Events.

*The Centennial Celebration is being funded through community sponsors and donations including the sale of the Centennial T-shirts. No district funds are being used for this celebration.*

## Stay Connected with PCS

**PCS NEWSROOM** – For the latest district news, visit the PCS Newsroom website, [www.pcsb.org](http://www.pcsb.org).

**WPDS-TV14** – School Board meetings are held twice monthly during most months and are streamed live at [www.wpds.tv](http://www.wpds.tv). Rebroadcasts are available on Bright House Networks Ch. 614, Knology Ch. 2 and Verizon Ch. 46.

**TWITTER** – Sign up to follow district news on Twitter at [www.twitter.com/pcschoools](http://www.twitter.com/pcschoools).

**FACEBOOK** – Become a fan on the district's Facebook page where you can receive the latest news and information.

**PCS PORTAL** – Review your child's grades, participate in educational video lessons, and communicate interactively with your child's teacher through this online system. [www.pcg](http://www.pcg).

## Nominate Your Outstanding Educator and Support Employee

Pinellas County Schools has many great teachers and support employees that work hard to ensure that your child succeeds in school every day. This is your opportunity to recognize those PCS employees by nominating them for either the Outstanding Educator of the Year or Support Employee of the Year Award. Nominations for both of these awards may come from anyone, including teachers, students, parents, volunteers, school advisory councils, PTAs, business and community members.

Both nomination packets can be found on the district's website, [www.pcsb.org](http://www.pcsb.org), under Quick Links. Nomination packets also may be requested by contacting the district's communications office at (727) 588-6122.

**Deadline for Outstanding Educator nominations is Wednesday, Oct. 12.**

**Deadline for Support Employee nominations is Wednesday, Oct. 5.**



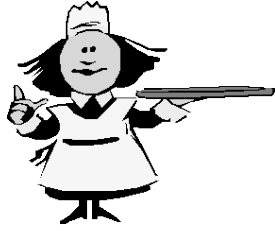
## Dec. 1st Is Deadline for Young Heroes Nominations

Here's your chance to nominate students who have given of themselves through community service or who inspire others through their deeds and strength of character. Nominate a student for the 2011-12 Young Heroes Award.

Winning students will be profiled on WPDS-TV14 and on the district website. Winners also will receive a \$500 Savings Bond sponsored by DITEK.

Nomination forms are available on the district website, [www.pcsb.org](http://www.pcsb.org).

## CAFÉ HOTLINE



Dear CFMS family,

Welcome back! We are excited to see the new and returning students and hope everyone had a relaxing summer vacation.

There have been a few changes in our cafeteria and when the kinks are worked out I am confident that our lines will be more efficient. The ala carte line has been moved to the front of the cafeteria. Now, one of the serving line cashiers is also selling ala carte items. This will give your kids more time to eat their purchases. We also have new Point of Sale software at the cash registers. We now have palm scanning instead of finger scanning.

Food service has a few new items on the menu, so please peruse our menu in this newsletter. Food service has also received a grant to introduce the students to some new fruits and vegetables in an effort to promote healthy food choices. Last month we served kiwi. I was surprised at the number of students who tried it! Along that line of thinking, the students are allowed to take as many DIFFERENT fruits and vegetables as they wish - there is no limit, except for juice and starches (this includes corn, carrots, and all potatoes). Extras for any exceptions will be charged at the ala carte price of \$.25. And when bread is served (no longer every day), an extra grain will also be charged.

I have received a few comments that parents are not able to place funds on their students accounts. The new website to do so is [www.SchoolPaymentSolutions.com](http://www.SchoolPaymentSolutions.com). I do not know if the website is case sensitive. We also will no longer have the capability to put funds on the account for "meals only". I can post an alert on your child's account stating "meals only" if monies are running out too soon.

As always, please feel free to call me with any questions or concerns that may arise.

*Catherine Hyman*  
Food Service Manager  
Phone #298-2363

**SAVE THE DATE!** Trailblazers Blood Drive is scheduled for Wednesday, October 19<sup>th</sup> from 7:30am – 3:15pm.

## ADOPT – A – SOLDIER PROJECT



Once again this year the Literacy Classes at CFMS will be “adopting” soldiers on active duty in Iraq and Afghanistan. We are looking for relatives of our students right here at CFMS who are in the military and on active duty in harm’s way at this time. Our adoption includes writing letters of support and cheer as well as sending monthly care packages of candy, cookies, gum, and snacks of all kinds. If you have a family member that you would like us to “adopt”, please contact the faculty sponsor, Mrs. Roche. She can be reached by phone or [rochem@pcsb.org](mailto:rochem@pcsb.org).

## FROM THE BOOKKEEPER



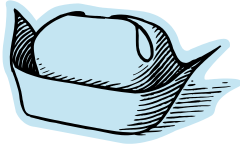
When purchasing anything please be sure that you have *exact* change or checks made payable to CFMS (Clearwater Fundamental Middle School.) There is not always change available.

ID Badges will be \$3.00

Student Planners are \$7.00. A note from a parent and/or guardian is required to purchase any planners.

There will be a \$10.00 service fee on all NSF checks. Please contact the bookkeeper or administration if any assistance is needed.

**Kathryn M. Carrubba, Bookkeeper**



## Pinellas County Schools Health Services

Welcome back to school! Every school has a school nurse assigned either full or part time. School nurses identify and assist students with their health-care needs during the school day. A clinic card is sent home with each student at the beginning of every school year. Please complete the cards promptly with the important health and contact information and update the information as often as needed.

Medications should be taken at home whenever possible. If medications (both prescription and over the counter) are required at school, a medication card must be completed each year.

During this school year, students will be screened for vision, hearing, and BMI and scoliosis (grade 6 only) as mandated by state statute. If you do not want your child to be screened or to receive health services while in school, please submit this request in writing to your school and School Health Services.

If you have any questions regarding health/nursing services, please contact your school nurse or call the Administration office at 727-588-6320.

### 6<sup>TH</sup> GRADE PARENTS

IT'S NEVER TOO EARLY TO THINK ABOUT  
IMMUNIZATION REQUIREMENTS FOR NEXT  
YEAR.

Students entering (or attending) 7<sup>th</sup> grade are **REQUIRED to have a Tdap (tetanus- diphtheria- pertussis)**. A Td (Tetanus/Diphtheria) will NOT be accepted.

So, at that next doctor's visit, why not make it a point to get the immunization and then bring the documentation to the school.

If you have any questions, please contact your school nurse or School Health Services at 588-6320.

If your student has already received the vaccine, please make sure the school has the documentation.



The Trailblazing Chapter of the National Junior Honor Society (NJHS) will begin meeting in October. All eligible 8<sup>th</sup> grade students who received invitations at the end of last year, completed their paperwork and service hours over the summer and turned it in by September 9<sup>th</sup> will be notified of their acceptance by September 22<sup>nd</sup>, 2011. All notified students should attend our first General Meeting of NJHS on October 11<sup>th</sup> at 7:35 AM in the gym when we will be electing this year's officers. There will be a follow up meeting of newly elected officers only on October 19<sup>th</sup> in Room 302B at 7:35 AM. New members will be officially inducted into the National Junior Honor Society at a formal Induction Ceremony on October 26<sup>th</sup> at 7PM in the Gymnasium.

We look forward to meeting this year's new members on October 11<sup>th</sup>.

Sincerely,

NJHS Co-Advisors,

Mrs. Fleming, Mrs. Brown and Mrs. Szirmai

### ***Attention Parents of 7<sup>th</sup> grade students!***

The Duke University Talent Identification Program is once again available for any qualifying 7<sup>th</sup> grade student. Eligible 7<sup>th</sup> grade students must have scored at the 95<sup>th</sup> percentile or higher on the FCAT/NRT or another standardized achievement test. Participating in the Duke Talent Search is completely voluntary. Students who wish to participate will be required to take either the SAT or ACT college entrance test. The deadlines for online applications are October 21<sup>st</sup> for December test dates and December 5<sup>th</sup> for January and February test dates. This year the fee for the SAT is \$74.00. To learn more about Duke TIP visit their website at [www.tip.duke.edu](http://www.tip.duke.edu). If you have any additional questions, please contact Denise Boston in the guidance department at extension 2018 or 2033.

## CHESS CLUB



The first meeting of the CFMS Chess Club will be held on Wed., September 28, in room 203. Chess Club is open to all interested sixth, seventh, and eighth graders no matter what your skill level. We welcome the "experts" as well as the "newbies." If you have never played chess before, please join the club and learn about this wonderful game. Chess Club will meet every Wednesday, after school, from 2:55 to 3:45. The faculty sponsor is Mrs. Roche. Please email [rochem@pcsb.org](mailto:rochem@pcsb.org) with any questions you may have.

## TRAILBLAZERS GOLF CLUB

Let's get ready to TEE IT UP!

Clearwater Country Club  
525 North Betty Lane

\$20 per week includes group lessons and range balls (Loaner clubs are also available)

Beginners to experienced golfers are welcome!

Beginner: Thursdays

Advanced: Fridays

4:00 - 5:30 p.m.

For more information or to sign up, call

*Kathie Gibson*

656-2156 or email [partidog@hotmail.com](mailto:partidog@hotmail.com)



## TEACHER WISH LIST

- Most teachers could use boxes of tissues.

**THANK YOU for Your Support!**  
**THANK YOU for Your Support!**

## SO WHAT'S STEP ALL ABOUT



STEP stands for Students Targeted for Educational Performance. It is a program coordinated by the District's Office of Strategic Partnerships. The goal of this program is to provide a school-based support structure for academically high performing minority students in order to optimize academic achievement through encouragement, support, and guidance. Students accepted into this program are third through eleventh grade and have a 2.5 or higher GPA and have met FCAT eligibility in reading and /or math. The STEP program supports the District's plan of highest student achievement and hopefully will be one of the avenues working towards closing the achievement gap within our school system.

The desired outcomes of STEP include increased minority representation in challenging courses (honors, foreign language, AP or dual enrollment); improving standardized test scores; increasing participation in community and extracurricular activities; increasing opportunities for getting scholarships and additional education beyond high school; and to make parents of the targeted group of students more aware and more directly involved in their child's educational plan (course selection, registration, activities, available opportunities, etc.).

At Clearwater Fundamental, students are given the opportunity to participate in community service, field trips, seminars with guest speakers, and school programs and activities. Last year STEP donated to the Ronald McDonald House in St. Petersburg. They toured the Pinellas Criminal Courts Complex and learned what it was like to be a lawyer, judge, and even a criminal. Students met television reporters at Bay News 9 and got a feel for what is like to be in a busy news room. During Read Across America, students in STEP travelled to Curtis Fundamental to read to students in kindergarten, first and second grades.

Among the school activities, STEP sponsored the Harvest Dance and Soul Food Luncheon and co-sponsored the *Women in History Tea*.

There are many exciting opportunities for students involved in STEP

## HARVEST DANCE

We are asking for donations of cookies, soft drinks, chips, cupcakes, paper products, and brownies for the Harvest Dance. The dance will be Thursday, Oct. 27<sup>th</sup> from 3-5PM in the gym. Please bring donations to the front office. Thank you.



Jeanene S. Andrews  
STEP Sponsor



# parent UPDATE

AUG. 2011  
www.pcsb.org

Follow us: [www.twitter.com/pcschools](http://www.twitter.com/pcschools) | [www.facebook.com/pcschools](http://www.facebook.com/pcschools)



Thank you to our Centennial Sponsors:



St. Petersburg College



Dear Parents,

I am excited to welcome you back to a new school year – our Centennial year! For 100 years, your local schools have provided a quality education for children in Pinellas. Our Centennial celebration will include a variety of community events from September through June. I invite you, your family, friends and neighbors to join with us as we relive the past and move forward with new initiatives to build a foundation for the next 100 years of excellence in education. In addition, you will find historical facts, moments, milestones and event details on a special Centennial website coming soon.

Each month during this school year we will celebrate a different decade with a community event. We will kick off the celebration on Saturday, Sept. 24 with a “Hands Across Pinellas” and an Ice Cream Social along the Pinellas Trail from 10 a.m.-1 p.m.

Below is a brief outline of the monthly events; details are still being worked out for each of the events.

- Sept. (1910's) – “Hands Across Pinellas” Pinellas Trail, Ice Cream Social
- Oct. (1920's) – Jazz Performance, Art Exhibit
- Nov. (1930's) – Big Band Musical Event, Vintage Baseball Game
- Dec. (1940's) – Military Highlights and JROTC Drill Performances
- Jan. (1950's) – Community Sock Hop Dance
- Feb. (1960's) – Student Essay Writing Contest
- Mar. (1970's) – Fashion Show Through the Decades, Disco Prom
- Apr. (1980's) – Antique Car Show, Roller Skating Event
- May (1990's) – Community and School Book Clubs, Storytelling Fest
- June (2000's) – Grand Finale

I look forward to this school year and wish you and your family success in the coming months.

Julie M. Janssen, Ed.D.  
Superintendent

*The Centennial is being funded through community sponsors and donations including the sale of the Centennial T-shirts. No district funds are being used for this celebration.*

### Parent University

On Saturday, Sept. 10, from 8 a.m.-12:30 p.m., the district is hosting its Parent University on the campus of USF St. Petersburg. This informative parenting session will provide parents with information on career awareness, college awareness, money for college, getting involved in your school, PreK and kindergarten readiness, Pinellas Virtual School and much more.

To register for Parent University, go to Parent Moodle Online Community Center at <http://moodleP.pcsb.org> and log in with your Parent User ID (Parent Portal Login). Or you may go to the nearest PCS school and fill out a registration form, walk-ins are welcome.

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**FACEBOOK** – Become a fan on the district's Facebook page where you can receive the latest news and information.

**PCS PORTAL** – Review your child's grades, participate in educational video lessons, and communicate interactively with your child's teacher through this online system.

### Communications with Students Via Electronic Media

A new board policy concerning how district employees communicate with students electronically goes into effect this school year. The new policy requires all PCS employees to use established methods of communication when communicating with students about school-related issues. These include district-supplied Outlook e-mail accounts, Portal and Moodle, among others. Under the new policy, personal means of communication including, private Facebook and Twitter accounts, private e-mail accounts, and personal cell phones, may not be used to communicate with students about school-related matters. An exception is recognized in situations such as a field trip where no district equipment is available and use of a private device, such as a cell phone, serves the best interest of students and others.

## ORGANIZATIONAL CLASS

Every Tuesday MORNING for students new to the class from 7:40 - 8:15 AM

and

Every Tuesday AFTERNOON for students who have been to the class at least once from 2:50 - 3:30 PM

All students needing extra help learning to get organized are invited to attend.

**MRS. WOODS' ROOM # 406**

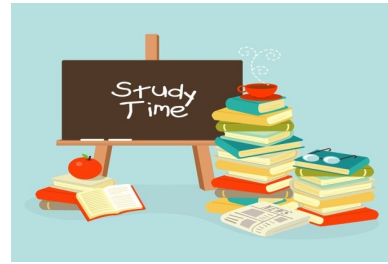
**Upstairs next to Guidance**



### IMPORTANT PHONE NUMBERS

Pinellas County Schools Administration - 588-6000  
 Pinellas County Schools Help Desk - 588-6060  
 School Board Office - 588-6300  
 PSTA Customer Service - 540-1900  
 YMCA - 442-8296

Clearwater Fundamental Middle School  
 1660 Palmetto Street  
 Clearwater, Florida 33755  
 727-298-1609 FAX: 727-298-1614  
 Dave Rosenberger, Principal



Study groups are scheduled in the morning with Mrs. Woods starting at 7:40 AM. Please see the calendar outside the door by the basketball courts for weekly study groups. They are also on morning announcements. Room #406 (upstairs next to Guidance)



### HOMEWORK HELPLINE

**Homework Helpline** is a free service for students to receive homework help. Certified teachers are on the phone ready to help. Monday-Thursdays 5-8p.m. call: 547-7223 or 442-3226

Please be patient and call back if the line is busy.

Homework Helpline will begin September 12, 2011.

### Useful Websites

Clearwater Fundamental: [cfms.pcsb.org](http://cfms.pcsb.org)

The new CFMS website is best viewed in Firefox. The site may not appear formatted correctly in Internet Explorer, however we are working on the problem.

Clearwater PTA: [www.cfmspta.org](http://www.cfmspta.org)


Pinellas County Schools: [www.pcsb.org](http://www.pcsb.org)

Faculty / Staff: last name first initial @ pcsb.org  
 (example: [rosenbergerd@pcsb.org](mailto:rosenbergerd@pcsb.org))

To Add Money to Lunch Accounts:  
[www.schoolpaymentsolutions.com](http://www.schoolpaymentsolutions.com)



## October 2011 - Pinellas County Middle School Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p>3 Pizza Pocket</p> <p>spicy chx patty sand/baked potato/cheese&amp; pepp pizza egg salad chef veggies w dip/broccoli fruit &amp; juice/wheat bread</p> <p>ala carte – popcorn chx</p>	<p>4 Canadian Bacon &amp; Egg Sandwich</p> <p><u>popcorn chx/tacos/chx &amp; gravy w mashed potatoes</u> <u>farmer's salad</u> <u>romaine salad/mxd veggies</u> <u>fruit &amp; juice/dessert</u></p> <p>ala carte – spicy chx patty</p>	<p>5 cheese grits &amp; sausage Hash browns &amp; egg</p> <p>Beef dippers&amp; rice/max sticks/Cubans Spicy chx salad Leafy green salad/black beans Fruit &amp; juice Ala carte – tater tots/egg rolls</p>	<p>6 Pancake Pup Pizza pockets</p> <p>Breaded chx/chili, cheese and scoops/ravioli Farmer's salad Romaine salad/carrots Fruit &amp; juice/garlic stick</p> <p>Ala carte - cheeseburgers</p>	<p>7 Yogurt Breakfast pizza</p> <p>Pizza variety/catfish Entrée salad Tossed salad/corn Fruit &amp; juice/pretzel rod</p> <p>Ala carte – popcorn chx</p>
<p>10 Two Egg Omelet Hash browns &amp; egg</p> <p>Cheeseburger/hamburger Bean burrito/cheese &amp; pepp pizza Egg salad chef Lett &amp; tom salad/tater tots Baked beans Fruit &amp; juice</p> <p>Ala carte – popcorn chx</p>	<p>11 Cheese Quesadilla with Sausage Links</p> <p>Chx tender parm with pasta &amp; sauce/max sticks/beef &amp; cheddar melt Farmer's salad Romaine salad/broccoli Fruit &amp; juice/dessert</p> <p>Ala carte – spicy chx sand.</p>	<p>12 Breakfast Sausage Bagel</p> <p>Spicy chx patty sand/tacos Grilled cheese sandwich Chx Caesar salad Leafy green salad/sweet potato bites/tomato soup Fruit &amp; juice</p> <p>Ala carte – tater tots/egg rolls</p>	<p>13 Chicken &amp; Biscuit</p> <p>Chili, cheese &amp; scoops/flatbread pizza Breakfast for lunch Spicy chx salad Veggies w dip/mxd veggies Fruit &amp; juice/white wheat roll Ala carte – chx parm</p>	<p style="color: red; font-weight: bold;">National School Lunch Week</p> 
<p>17 Breakfast Pizza</p> <p>Max sticks/sloppy joes Cheese &amp; pepp pizza Chx Caesar salad Veggies w dip/mashed potatoes Fruit &amp; juice</p> <p>Ala carte – popcorn chx</p>	<p>18 Egg &amp; Sausage Patty</p> <p>Meatball subs/popcorn chx/corndogs/veggie chili Egg salad chef Romaine salad/deli potatoes Fruit &amp; juice/dessert</p> <p>Ala carte – spicy chx patty</p>	<p>19 Egg &amp; Cheese Biscuit Pizza pockets</p> <p>Chicken nuggets/chili, cheese &amp; chips/pasta marinara Spicy chx salad Leafy green salad/Capri blend Fruit &amp; juice/garlic stick Ala carte – tater tots/egg rolls</p>	<p>20 Waffle Sticks with Sausage Links</p> <p>Teriyaki chx &amp; rice/ribque Hot dogs Farmer's salad Lett &amp; tom salad/oriental veggies Fruit &amp; juice</p> <p>Ala carte - cheeseburgers</p>	
<p>24 frittata pizza pocket</p> <p>Mini-burgers/cheese &amp; pepp pizza/roasted chx Farmer's salad Coleslaw/oven fries Fruit &amp; juice/wheat bread</p> <p>Ala carte – popcorn chx</p>	<p>25 Pancake Sausage Sandwich</p> <p>Tacos/max sticks/cheese quesadillas w refried beans Egg salad chef Lett &amp; tom salad/corn Refried beans Fruit &amp; juice/dessert Ala carte – spicy chx patty</p>	<p>26 Chicken on a Biscuit</p> <p>Hot dog/chx &amp; gravy w mashed potatoes/pork chop sand/veggie burger Chx Caesar salad Leafy green salad/baked beans Fruit &amp; juice Ala carte – tater tots/egg rolls</p>	<p>27 Max Stick &amp; Tots Breakfast pizza</p> <p>Popcorn chx/chili, cheese &amp; chips/mac &amp; cheese Spicy chx salad Romaine salad/sweet potatoes/collards Fruit &amp; juice/white wheat roll Ala carte – chx parm</p>	<p>28 Yogurt or Cinnamon Roll</p> <p>Pizza variety/catfish Entrée salad Tossed salad/mxd veggies Fruit &amp; juice</p> <p>Ala carte – popcorn chx</p>
<p>31 Pizza Pocket Hash browns &amp; egg</p> <p>Bat nuggets/baked potato Cheese &amp; pepp pizza Farmer's salad Veggies w dip/broccoli Fruit &amp; juice/wheat bread</p> <p>Ala carte – popcorn chx</p>			<p><b>Daily Breakfast Choice:</b> Choose 2: Cereal, Toast, Meat/Meat Alternative Choose at least 1: Fresh/Canned Fruit or Fruit Juice Choose 1: Milk</p> <p><b>Daily Lunch Choice:</b> Choose 1: Entrée Choose at least 1: Fruit or Vegetable Choose 1: Bread Choose 1: Milk</p> <p>Available Daily: Meatless Entrée, Entrée Salads, Cold Sandwiches, Low Fat White, Fat Free Flavored or Skim Milk</p> <p style="color: red; font-weight: bold;">You may choose as many different fruits and veggies as you would like. Yeah!!!</p>	

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